

SWIPE Right

PART 1: Who Am I?

INTRODUCTION

Identity is a big idea in our culture. Identity is how you see yourself, what you tell yourself, the concept you have of yourself. It's important because it drives your decision-making and determines how you navigate life. Do you think poorly of yourself? You'll make decisions that harm you. Do you think too highly of yourself? You'll make decisions that are harmful to you and others. Identity is important because you can't be who you were meant to be if you don't know who you are. But how do you figure out who you were meant to be?

DISCUSSION QUESTIONS

1. What is one life event that shaped your identity? How did it influence the way you see yourself?
2. About how old were you the first time someone asked you what you wanted to be when you grew up? To what extent do you still define yourself by what you do for a living?
3. What are some reasons it can be difficult for a person to figure out his or her identity and purpose in life?
4. Read 2 Corinthians 5:17. If you're a follower of Christ, is it difficult for you to believe that you became "a new person" when you began to follow him? Why or why not?
5. Read Romans 12:2. We all "conform to the pattern of this world" in some ways. What are some ways—good or bad—that you are a product of our shared culture?
6. What is one area of your life where you need to stop conforming to the pattern of this world? What is one thing you can do this week to begin to renew your mind? How can this group support you?

MOVING FORWARD

God has a will for you. He has a plan for you. But you have to believe what he says about you to be able to live out that plan. That can be scary, but you can do what God has for you to do when you see yourself how he sees you.

CHANGING YOUR MIND

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

Romans 12:2